



SCHOOL OF
MEDICINE

DIVISION OF
PHYSICAL THERAPY

UNM DIVISION OF PHYSICAL THERAPY
GROUP ADVISEMENT PRESENTATION 2021

<http://orthopaedics.unm.edu/pt/>
HSC-UNMPTProgram@salud.unm.edu

How do I Become a Physical Therapist

- Graduate from an accredited program
 - UNM Doctor of Physical Therapy Program
- Pass the NPTE
(national physical therapy examination)



UNM Program Length

- Begins in August
- Spans 34 months
- Several 2 to 4-week breaks



Three Year Curriculum

	Fall/Aug	Sept	Oct	Nov	Tday	Dec	Holiday	Jan	Feb	March	April	May Finals	June	July	Aug						
Y1	Fall							Spring							Summer						
	Foundations I							MS Concepts & Mgmt I							Clinical I						
	Evidence Based PT I							Evidenced Based PT II							Prosthetics						
	Anatomy I							Anatomy II							Clinical Dec Making I						
	MS Intervention I							MS Intervention II							MS Intervention II						
Intg Clin Experience (ICE)							ICE							ICE							
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52																					
Y2	Fall							Spring							Summer						
	Neurological Evaluation & Treatment I							Neuro Eval & Treatment II							Admin/Supervision						
	Patient Management & Clinical Decision Making II							Health, Wellness, Fitness							Acute Care						
	Pediatrics							Gerontology							Pharmacology						
	Differential Diagnosis							Biopsychosocial							Capstone III						
	Capstone I							Capstone II							Capstone II						
ICE							ICE							ICE							
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52																					
Y3	Fall							Spring							Summer						
	Cardio/Pulm							Clinical III							Clinical IV						
	Adv Ortho							CAPSTONE V							CAPSTONE V						
	Autonomous Practice							Service Learning							Service Learning						
	Gender Health							Board Prep							Board Prep						
CapstoneIV							ICE							ICE							
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52																					

#1 Get as much diverse exposure to the profession as you can

Volunteer experience is considered the same as paid work experience.

20 hours required

- “the more the better”
- quality vs quantity
- diversify settings

Primary goal:

“Is P.T. the profession for me?”

Wanting to help people is a noble cause however there are many types of jobs where you can help people. Being a PT is wonderful, but it is not for everyone. Observation hours help you to understand the immense knowledge needed to treat patients and some of the complicated issues that go into being a PT. Knowing you have considered the career in its entirety and can talk about your ideas and goals as a future PT helps our program have confidence you have the grit to make it through the program.

Helpful to observe in a variety of PT settings

#2 Learn about the mission/vision of the American Physical Therapy Association (APTA)

- Source of information about the physical therapy profession.
- 1-800-999-APTA
- www.apta.org



American Physical Therapy Association
The Science of Healing. The Art of Caring.

#3 Take 30 hours of science prerequisites

Prerequisites:

May be taken at any accredited college or university

- Chemistry (8 hrs.)
- Physics (8 hrs.)
- 2 Anatomy & Physiology (8 hrs.)
- Statistics (3 hrs.)
- Upper-level Psychology (3 hrs.)

- **You should have all prerequisites completed by December 2021.**
- **You are permitted to have one final prerequisite to be taken during the 2022 Spring Semester.**
- **If you have more than one (1) outstanding prerequisite class yet to take after the December 2021 academic update, your application will be considered incomplete and will not move forward.**

- You must have a grade of C or better in all prerequisite courses
- Must have a prerequisite GPA as defined by PTCAS of at least a 3.0

Restrictions on prerequisites

- Pass/Fail or CR/NC options are only acceptable for the Spring and Summer 2020 semesters.
 - NOT acceptable for pre-requisite courses taken other semesters.
- If you are trying to use Advanced Placement credits for a prerequisite class, please contact us so we can verify that it meets the specific class requirements and is listed appropriately on your transcript.
- Anatomy/physiology prerequisites must be taken **within the last 5 years**. There is no expiration date on the other prerequisite classes that meet the acceptable course, credit and lab criteria
- Psychology must be upper level.
 - For a complete list of classes that are accepted please visit the UNM PTCAS directory page under course prerequisites. Not accepted: Sports Psychology or Psychology of Human Sexuality.

Please use the highest course grade possible for your prerequisite selection. You may substitute a higher-level class for the prerequisite as long as you have taken the lower level required class.

- As an example: you took Chemistry 1 + lab (4 cr.) your sophomore year and earned a B. Your junior year you took biochemistry + lab (4 cr.) a higher-level chemistry that had a prerequisite requirement of Chemistry 1 and you earned an A. You may use that higher-level chemistry class with the A, to match our prerequisites.

Policy on Web-Based Prerequisite Courses

For the University of New Mexico (and PTCAS) to accept credits earned from a web-based course, that course must appear on a transcript from an accredited college or university. Therefore, if the online course you have taken or plan to take is offered by UNM or CNM (or any other accredited college or university), and it satisfies our requirement, the course will be accepted.

All course work is verified through PTCAS. If you have questions regarding validity of an institution, please contact PTCAS directly.

#3 Get a Bachelor's Degree

Any Degree is Acceptable

Applicants must have a cumulative/overall GPA as defined by PTCAS of at least a 2.67

#4 Take the GRE

General test must be taken within 5 years of application.

Minimum Score Requirement:

Quantitative 20th percentile

Verbal 25th percentile

We will still accept the at-home GRE testing through ETS for the 2021-2022 cycle.

Submit scores to UNM PT
Program Institution Code:

7670

**Deadline for taking the
GRE:**

October 1st, 2021

GRE: www.gre.com

GRE Assistance

Prep classes and books are helpful

GRE Intensive Prep Course offered throughout the year at Anderson School of Business
<https://mba.mgt.unm.edu/testprep/>

Other classes offered on line and in person

- <https://www.princetonreview.com>
- <https://www.kaptest.com>

HSC Office for Diversity Test Prep Programs- Apply Online!

- <https://hsc.unm.edu/programs/diversity/student-programs/test-prep.html>

#6 Apply on PTCAS

<http://www.ptcas.org>

Application portal opens in June/July

Completed application due October 1st, 2021.

If you are taking courses in Fall 2021/Spring 2022

All classes being taken in the Fall of 2021 should be listed in PTCAS as in progress

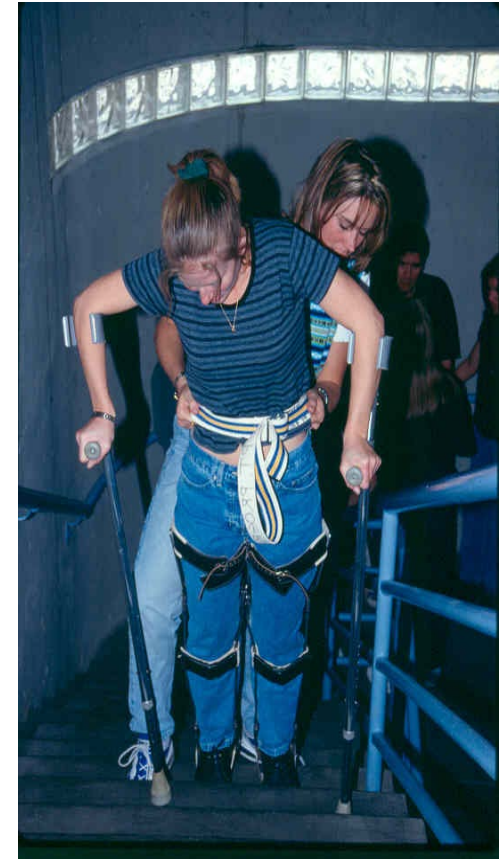
- You will update the grades for the classes being taken in the Fall of 2021 during the Academic Update in December 2021

All classes you are planning to take in the spring of 2022 should be listed in PTCAS as in progress

- only 1 of these can be a prerequisite class

Must complete Bachelor degree by May of 2022

- June of 2022 for trimester curriculum



Total Admission Requirements

- Baccalaureate degree in any field
- Overall/cumulative GPA of > 2.67
- 30 hours prerequisite classes with a GPA ≥ 3.0
- GRE: Quant $\geq 20\%$, Verbal $\geq 25\%$
- 20 observation hours
- Essays on PTCAS
- 2 Letters of Reference
 - (1 must come from a PT)
- In person interview in January



How competitive am I?

- Average PREREQUISITE GPA Class of 2024: 3.79
- Average CUMULATIVE GPA Class of 2024: 3.74
- Average GRE Scores Class of 2024:
 - Verbal Percentile 63
 - Quantitative Percentile 47
- Essays
- LOR
- Interview



How to Apply

Application Process

Individuals applying to the Physical Therapy Program must apply through the PTCAS

<http://www.ptcas.org/home.aspx>
(Central Application Service) by
October 1st, 2021



Application Materials

1. Complete online application
2. Enter all college courses taken and GRE scores
3. Send an official transcript from each school attended (update December 2021 when transcript is available for courses in progress during time of application) to PTCAS
4. Complete PTCAS essays & documents
5. Upload your reference contact information
5. \$140 Application fee (financial assistance may be available through PTCAS)



1. PTCAS Application Home – Create a profile

The screenshot displays the PTCAS Application Home dashboard. At the top, the browser address bar shows the URL <https://ptcasplayground.test.liaisoncas.com/applicant-ux/#/dashboard>. The page header includes the PTCAS logo and the text "Physical Therapist Centralized Application Service". On the right side of the header, the user's name "Beth Moody" and CAS ID "CAS ID: 9391891498" are displayed, along with a "Sign Out" button.

The main navigation bar contains four buttons: "My Application", "Add Program", "Submit Application", and "Check Status".

The "My Application" section features a large background image of a woman in a white athletic shirt operating a piece of exercise equipment. Below the image, the text reads: "My Application. This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress."

A "Latest Notifications" box is visible, containing a notification: "PTCAS application - Welcome! Today" with a "View My Notifications" button.

The dashboard is divided into four quadrants, each with a progress indicator (a circular gauge) and the number of sections completed:

- Personal Information:** 5/6 Sections Completed
- Academic History:** 3/3 Sections Completed
- Supporting Information:** 3/6 Sections Completed
- Program Materials:** 0/2 Sections Completed

The Windows taskbar at the bottom shows the time as 1:44 PM on 3/24/2017.

2. Complete your personal information

The screenshot shows a web browser window displaying the PTCAS (Physical Therapist Controlled Application Service) applicant dashboard. The browser's address bar shows the URL <https://ptcasplayground.test.liaisoncas.com/applicant-ux/#/dashboard>. The page header includes the PTCAS logo and navigation links: "My Application", "Add Program", "Submit Application", and "Check Status". The user is logged in as "Beth Moody" with CAS ID 9391891498 and a "Sign Out" button is visible.

The main content area is titled "My Application" and includes a sub-header "Personal Information" with a progress indicator showing "0/6 Sections Completed". A list of sections to be completed is displayed in a blue sidebar:

- Release Statement
- Biographic Information
- Contact Information
- Citizenship Information
- Race & Ethnicity
- Other Information

Below the "Latest Notifications" section, there is a notification for "PTCAS application - Welcome!" with a "View My Notifications" button. The background of the dashboard features a photograph of a physical therapist assisting a patient in a wheelchair.

3. Complete supporting information

The screenshot shows a web browser window displaying the PTCAS (Physical Therapist Centralized Application Service) applicant dashboard. The browser's address bar shows the URL <https://ptcasplayground.test.liaisoncas.com/applicant-ux/#/dashboard>. The dashboard header includes the PTCAS logo and navigation tabs: "My Application", "Add Program", "Submit Application", and "Check Status". The user is logged in as "Beth Moody" with CAS ID: 9391891498.

The main content area is titled "My Application" and includes a sub-header "Supporting Information" with a folder icon and the text "0/6 Sections Completed". A red circle highlights a list of sections that need to be completed:

- References
- Observation Hours
- Experiences
- Achievements
- Licenses and Certifications
- Personal Statement

Other visible elements include a "Latest Notifications" section with a notification for "PTCAS application - Welcome!" and a "View My Notifications" button. The background of the dashboard features a photograph of a physical therapist assisting a patient in a wheelchair.

4. Select programs you want to apply to

The screenshot shows the PTCAS (Physical Therapist Centralized Application Service) application portal. The user is logged in as Beth Moody (CAS ID: 9391891498). The main navigation bar includes "My Application", "Add Program", "Submit Application 0", and "Check Status".

Below the navigation bar, there are filter options for "School" (All Schools), "State" (All States), and "Program Start Date" (Program Start Date). There are also checkboxes for "Show Available Programs" (checked), "Past Programs", and "Future Programs". A "Reset Filters" button is present.

The program list is as follows:

PROGRAM	PROGRAM START DATE	CITY	STATE	DEADLINE
University of Colorado				
<input checked="" type="checkbox"/> Example Doctor of Physical Therapy				This program has been added to your selections Undo
Watertown University				
<input type="checkbox"/> Doctor of Physical Therapy - Watertown	7/1/2018	Watertown	MA	07/01/2017
Western University of Health Sciences				
<input checked="" type="checkbox"/> Example - Doctor of Physical Therapy				This program has been added to your selections Undo

Verify you meet requirements for each individual program. We are not all the same!



5. Enter all colleges attended

The screenshot shows a web browser window with the URL <https://ptcasplayground.test.liaisoncas.com/applicant-ux/#/academicHistory/collegesAttended>. The page title is "Colleges Attended". On the left, a progress indicator shows a graduation cap icon with a checkmark and the text "1/3 Sections Completed". Below this is a sidebar with three items: "Colleges Attended" (checked with a green circle), "Transcript Entry", and "Standardized Tests". The main content area has a heading "Colleges Attended" and instructions: "To add colleges, click the Add a College button below. You may update the information in this section at any time prior to submission. List all the Colleges you have attended." A blue button with a plus sign and the text "Add a College" is visible. Below this is a section titled "MY ATTENDED COLLEGES" containing one entry for "UNIVERSITY OF VERMONT". The entry details are "September 1978 - May 1982 | Semester System | Bachelor of Arts and Science Degree Earned: May 1982". There are edit and delete icons for this entry and a blue button labeled "Download Transcript Request Form" below it. The browser's taskbar at the bottom shows the time as 1:11 PM on 3/24/2017.

6. Enter your coursework from every transcript of every college attended

The screenshot shows the PTCAS Transcript System interface. On the left, a sidebar indicates progress: '3/3 Sections Completed', 'Colleges Attended' (checked), 'Transcript Entry' (checked), and 'Standardized Tests' (checked). A video link for 'Need help with Transcript Entry? Watch this video.' is also present. The main content area displays a transcript for 'Fall 1978 Freshman' with the following table:

COURSE CODE	COURSE TITLE	SUBJECT	CREDITS	GRADE	CAS GRADE
Chem 101	Introduction to C	Chemistry	3.00	85	B
BIO 101	Introduction to Bi	Biology	3.00	95	A

Buttons for '+ Add A Course' and '+ Add Semester' are located below the table. A promotional banner asks 'Is entering your coursework taking too long?' and offers to 'Save Time' by contacting specialists. Below the banner, two example transcripts are shown: one for the University of Colorado and another for Western University of Health Sciences, both for a Doctor of Physical Therapy program. The footer contains copyright information for 2016 Liaison International and social media icons.

7. Match pre-requisites from your transcripts. Choose the best fit with the highest grade!

Example Doctor of Physical Therapy
University of Colorado

Home Documents Prerequisites Questions

Example - Doctor of Physical Therapy
Western University of Health Sciences

Chemistry I Save and Exit

Select Your Chemistry I Course

The first semester of a sequence in General or College Chemistry I or Organic Chemistry I. Course must include a laboratory component or a separate laboratory course taken concurrently. Community college and 100 level courses are discouraged. Survey courses are not acceptable.

Minimum Credits 4 | Minimum Grades 2

UNIVERSITY OF VERMONT Transcript

Fall 1978					
COURSE CODE	COURSE TITLE	SUBJECT	CREDITS	GRADE	
✓ Chem 101	Introduction to Chemistry	Chemistry	3.00	85	✗
+ BIO 101	Introduction to Biology	Biology	3.00	95	

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About PTCAS PTCAS Directory Privacy Policy Instructions and FAQs ptcasinfo@ptcas.org PTCAS, PO Box 9112, Watertown, MA 02471

1:40 PM 3/24/2017

8. Create reference request

References

Sections Completed 0/6

Create Reference Request

Reference's Information

First Name:

Last Name:

Email Address:

Due Date: MM/DD/YYYY

Personal Message/Notes:

Waiver of Reference

I waive my right of access to this reference. Yes No

Permission to Contact Reference

I hereby give permission to contact this reference via email to request the completion of the reference form and letter of reference. If my reference does not submit an online reference form in response to the email request, it is my sole responsibility to contact the reference directly to ensure all references required by my designated schools are submitted by the deadline.

Permission for Schools to Contact Reference

I understand that the schools to which I am applying may contact the reference either to verify the information provided and/or for further clarification of the information provided, and I hereby give permission for the schools to do so.

Please inform the people you select to write your reference letters that the UNM Division of Physical Therapy cannot contact them for more information about you, they need to be thorough and include everything they want the UNM Division of Physical Therapy to know about you in their reference letter.

9. Enter your GRE – make sure you have your official scores sent to our program (7670)

The screenshot shows a web browser window with the URL <https://ptcasplayground.test.liaisoncas.com/applicant-ux/#/academicHistory/standardizedTests/addTest/GRE/780/302880>. The page title is "Standardized Tests" and the main heading is "GRE". On the left sidebar, there is a progress indicator showing "3/3 Sections Completed" with a graduation cap icon. Below this, three items are listed: "Colleges Attended" (checked), "Transcript Entry" (checked), and "Standardized Tests" (checked with a green circle). The main form area contains the following fields:

- "Have you taken the test?" with radio buttons for "Yes" (selected) and "No".
- "When did you take this test?" with a date input field containing "01/30/2017" and a placeholder "MM/DD/YYYY".
- "Test Registration ID" (Optional) with an empty input field.
- "Quantitative" (Optional) with an input field containing "155".
- "Quantitative Percentile" (Optional) with an empty input field.
- "Verbal" (Optional) with an input field containing "158".
- "Verbal Percentile" (Optional) with an empty input field.
- "Analytical Writing" (Optional) with an input field containing "4.0".
- "Analytical Writing Percentile" (Optional) with an empty input field.

At the bottom of the form is a blue button labeled "Save This Test".

You are required to take the GRE by October 1st, 2021 however we know it will take a few weeks for the scores to arrive in PTCAS.

If your official scores have not been received in PTCAS by November 1st please call ETS and PTCAS to identify the cause of delay.

10. If Applicable, complete the NM Residency Application found in PTCAS

If you are a New Mexico Resident please complete the NM Residency form found on our web site

Upload the needed documents (3) on PTCAS

1. The completed form
2. A copy of your driver's license
3. A copy of your vehicle registration or other verification of residency.

***IF YOU ARE NOT A RESIDENT OF THE STATE OF NEW MEXICO, YOU NEED NOT COMPLETE THE RESIDENCY FORM

11. Check Status Often

The screenshot shows the PTCAS applicant portal. The top navigation bar includes 'My Application', 'Add Program', 'Submit Application', and 'Check Status'. Below this, the 'Application Materials' section lists 'Transcripts' and 'References'. The 'Transcripts' row shows 'Arrived 0 of 1' and 'Verifying' with a dropdown arrow. The 'References' row shows 'Requested', 'Accepted 0 of 1', and 'Completed'. The 'My Programs' section lists two programs: 'Example Doctor of Physical Therapy University of Colorado' and 'Example - Doctor of Physical Therapy Western University of Health Sciences', both with 'In Progress' status. A red box highlights the 'Verifying' status of the transcripts, and a text box to the right says 'These transcripts are not verified'. A large red box at the bottom contains the text: 'Make sure that your official GRE are received and that your transcripts are verified by PTCAS. If your transcripts are not verified or your official GRE is not received it can cause delays in processing your application'.

Make sure that your official GRE are received and that your transcripts are verified by PTCAS.

If your transcripts are not verified or your official GRE is not received it can cause delays in processing your application

Academic Update in December

Complete an academic update in PTCAS in December 2021, to update any classes listed as in progress in the Fall semester, if applicable.

- If you are enrolled in classes in Spring of 2022, they should also be listed in PTCAS as in progress. Remember only one of those classes can be a prerequisite

[https://help.liasonedu.com/PTCAS Applicant Help Center/Submitting and Monitoring Your PTCAS Application/Before and After You Submit Your PTCAS Application/03 Updating Your Application](https://help.liasonedu.com/PTCAS_Applicant_Help_Center/Submitting_and_Monitoring_Your_PTCAS_Application/Before_and_After_You_Submit_Your_PTCAS_Application/03_Updating_Your_Application)

In Person Interview

- January 2022
- Student panel (3 students from 2nd year)
- Panel of 3 interviewers (faculty & clinicians)
- Knowledge of Physical Therapy issues and problem-solving abilities
- Volunteer experience helpful
- Only the top 75-80 applicants will be offered an interview



Interview format is subject to change at any time.

Final Selection

Offers are made to the top 30 applicants with up to 20 alternates

Strong preference is given to residents of the State of New Mexico

Nondiscrimination Policy

The admission procedure in the Physical Therapy Program at the University of New Mexico does not discriminate against any student on the basis of gender, sexual orientation, marital or parental status, race, color, religion, age, national origin or physical handicap.

